

Resources on Promoting the Wellbeing of Persons Living with Dementia

Video Resources

I'll Be There for You: Providing Person Centered Dementia Care, produced by Terra Nova Films, 2013.

More than Words: Successful Ways to Care and Communicate with Persons Who Have Dementia, produced by Terra Nova Films, 2011.

Alzheimer's Disease: Inside Looking Out. Produced by Cleveland Chapter of the Alzheimer's Association, 1995. DVD available from Terra Nova Films.

Alive Inside. Produced by XImotion Media, US, 2011 (www.aliveinside.us/)

The Memory Loss Tapes. Produced by Shari Cookson and Nick Doob, US. Can be viewed at <http://www.hbo.com/alzheimers/memory-loss-tapes.html>

Dementia with Dignity. Produced by Media One, 2002. DVD available from Terra Nova Films.

Journey by Heart: Caring for Loved Ones with Dementia. Produced by d-Facto Studio, Canada, 2007. DVD available from Terra Nova Films.

I Remember Better When I Paint. Produced by French Connection Films, France, 2009. DVD available from Terra Nova Films.

There Is a Bridge. (Reveals the largely unrecognized capacity of persons with dementia to maintain emotionally meaningful relationships.) Produced by Michael Verde, US, 2007. DVD available from Memory Bridge (www.memorybridge.org).

Bob, I'm Really Busy": The Impact of Impersonal Care on the Well-being of Persons Living with Dementia, produced by Terra Nova Films, 2015.

Suggested Readings

Long-Term Care Improvement Guide This extensive guide covers person-centered care in long term care facilities from many different angles. It's a valuable resource! Visit www.residentcenteredcare.org to review and download the Long-Term Care Improvement Guide at no cost.

Anne Davis Basting, *Forget Memory*

Joanne Koenig Coste, *Learning to Speak Alzheimer's: A Groundbreaking Approach for Everyone Dealing with the Disease*

G. Allen Power, MD. *Dementia Beyond Drugs*

G. Allen Power, MD. *Dementia Beyond Disease: Enhancing Well-being*

John Zeisel, PhD., *I'm Still Here: A Breakthrough Approach to Understanding Someone Living with Alzheimer's*

Website Resources

Dementia Action Alliance

Provides education and awareness about the value of person-centered approaches to assisting persons who are living with dementia.

<http://www.ccal.org/>

Alzheimer's Reading Room

The goal of the Alzheimer's Reading Room is to **Educate** and **Empower** Alzheimer's caregivers, their families, and the entire Alzheimer's community by offering "real life" solutions to problems that Alzheimer's caregivers face each day.

www.alzheimersreadingroom.com

Music & Memory

Brings personalized music into the lives of the elderly and infirm through iPods and digital music technology, vastly improving their quality of life.

www.musicandmemory.org

TimeSlips

A group improvisational storytelling process founded by Anne Basting that encourages people who are living with dementia to use their imagination in place of having to use their memory.

www.timeslips.org

Memory Bridge

Memory Bridge is about learning how to connect at depths never before thought possible with persons who have dementia.

www.memorybridge.org

Memories in the Making

A failure-free art program designed to encourage self-expression by people with dementia. The program originally focused on watercolor painting, but individual Alzheimer's Association chapters have adapted/expanded Memories in the Making as it has spread across the country.

www.alz.org/oc/in_my_community_10849.asp

Terra Nova Films

A not-for-profit production and distribution company, Terra Nova Films has the largest selection of films and videos on aging related issues. Clips from many of its videos on dementia care are available for viewing at no cost at its sister sites, **www.videocaregiving.org** and **www.videoasistencia.org** (with **Spanish subtitles**).

www.terranovalfilms.org

Feel free to contact me with questions, comments, conversations about the themes covered in ***The Dance of Belonging: Promoting the Wellbeing of Persons Living with Dementia***.

Jim Vanden Bosch (jvb@terranovalfilms.org)